

## COMMUNITY RESOURCES

### Behavioral/Mental Health Services

A New Beginning Therapeutic Solutions Counseling Center	16377 Main St. Unit C, Hesperia	(760) 244-8188	Provides mental health counseling for families, individual adults, and children.
Inland Psychiatric Medical Group	16279 Walnut St., Hesperia	(760) 947-0070	Provides marriage family therapy, adult, and children counseling.
San Bernardino County Department of Behavioral Health	303 E Vanderbilt Way, San Bernardino	(909) 386-8256	
Victor Community Support Services	15400 Cholame Rd., Victorville	(760) 243-5417	Provides whole family counseling addressing mental health concerns.
Victorville Counseling Services	15431 Anacapa Rd. #D, Victorville	(951) 333-7363	Provides mental health counseling to individuals, couples, and families.

### Support Groups

Aegis	11776 Mariposa Rd. Suite 103, Hesperia	(760) 956-2462	Offers support groups regarding substance abuse.
IEHP Family Resource Center			
North Desert Helping Hands	16519 Victor St. #404, Victorville	(760) 843-1177	Support group for strengthening families of individuals who are raising children of extending families.
San Bernardino County—Family Caregiver Support Program		1-800-510-2020	Provides caregivers with a support group, training, respite, and other services.
St. Mary Community Health Department—Diabetes Awareness Group	18300 CA Highway 18, Apple Valley	(760) 946-8170	Offers support group that covers healthy eating, lasting treatment, and care options regarding diabetes.

## COMMUNITY RESOURCES

### Suicide Prevention Programs

National Suicide Prevention Lifeline		1-800-273-8255	Offers services to talk with a skilled counselor.
Victor Community Support Services—Community Wholeness and Enrichment Program	15400 Cholame Rd., Victorville	(760) 243-5417	Provides a suicide support group for transitional age youth (TAY) for ages 16–25 and adults ages 26–59.
Victor Star Crisis Walk-In Clinic	12240 Hesperia Rd., Victorville	(760) 245-8837	Provides urgent mental health services 24/7.

### San Bernardino County Department of Behavioral Health Update: Children & Youth

A New Beginning Therapeutic Solutions Counseling Center	16377 Main St. Unit C, Hesperia	(760) 244-8188	Provides mental health counseling for families, individual adults, and children.
Inland Psychiatric Medical Group	16279 Walnut St., Hesperia	(760) 947-0070	Provides marriage family therapy, adult, and children counseling.
San Bernardino County—Victor Valley Behavioral Health	12625 Hesperia Road, Victorville	(760) 995-8300	Provides mental health services for children, youth, adults, and older adults.
Victor Community Support Services	15095 Armagosa Rd., Victorville	(760) 245-4695	Provides mental health support to the youth (ages 0–15 y/o).

### Crisis Response & Service in the High Desert

The Community Crisis Response Team	11951 Hesperia Rd., Hesperia	(760) 956-2345 (760) 734-8093— after hours pager number	Provides mobile crisis response.
Desert Hill Center Crisis Residential Treatment	16552 Sunhill Dr., Victorville	(760) 780-4400	Provides 24/7 therapeutic and residential treatment for mental health crisis.
Victor Star Crisis Walk-In Clinic	12240 Hesperia Rd., Victorville	(760) 245-8837	Provides urgent mental health services 24/7.

## COMMUNITY RESOURCES

### Support Groups

St. Mary Community Health Department—Mommy and Me	18077 Outer Highway 18 S. Suite 100, Apple Valley	(760) 946-4241	Offers a support group for pregnant and postpartum women.
St. Mary Medical Center—Women's Cancer Support Group	18300 CA Highway 18, Apple Valley	(760) 946-4241	Offers a support group for those who have been diagnosed, are in treatment, or are survivors of cancer specific to women.

### Substance Abuse

Aegis	11776 Mariposa Rd. Suite 103, Hesperia	(760) 956-2462	Provides substance abuse therapy.
Calvary Chapel Apple Valley Church	21985 CA-18	(760) 240-3633	One step to freedom recovery program.
High Desert Child, Adolescent, & Family Services	16248 Victor St., Victorville	(760) 243-7151	Provides drug/alcohol outpatient services for pregnant and postpartum women.
Oasis Community Church	11601 I Ave., Hesperia	(760) 947-2922	Celebrate Recovery—Christ-centered 12 step recovery program for men and women.
Pine Ridge Addiction Treatment Center	15367 Bonanza Rd. St A, Victorville	(760) 955-1012	Offers therapeutic, recovery, and education programs for addiction dependencies.
St. John of God	13333 Palmdale Rd., Victorville	(760) 241-4917	Provides in- and out-patient care for the treatment of substance abuse.

### Spirituality & Mental Health

High Desert Church	14545 Hook Blvd., Victorville	(760) 245-2415	Offers several support and recovery groups that provide educational, emotional and spiritual support for people who share common life experiences and difficulties.
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